

Need help with dementia care?



Caring Choice

Dementia Care

Caring Choice is a leading provider of in-home dementia care in South Australia. Between now and 2041, the rate of dementia in South Australia is expected to increase by 350%.

Company founder, Rebecca French, has been providing care to dementia clients for more than 15 years and has accumulated a great deal of specialised understanding and experience in this field.

"Thank you for all your help and support. Jodi has been a great help and a beautiful person – my parents can't praise her efforts enough. We're blessed to have come across your company" Mary B.



"I have more than 15 years experience working closely with elderly and dementia clients and their families. I believe this is truly a special area that demands special care. Caring for people is my passion, and I respect that it is a very personal time for you and your family. We hope to take the pressure off during this time by providing a caring and professional service." **Bec French.**

At Caring Choice we offer a wide range of services that can help you with in-home dementia care. Our dedicated team of experienced care workers is like an extended family that can provide an extra set of hands. The range of services we provide is a genuine alternative to moving a loved one into a nursing home. Why not allow us to help you and take full advantage of our expertise?

Our dedicated team of care workers can assist with a wide range of services including:

Personal Care

Helping a person with dementia to take a shower, groom and get dressed can be an emotionally exhausting and time consuming task, especially if they are not cooperating. An experienced care worker can assist with making this a much easier option for the carer.

Alternatively, for someone living at home alone, regular visits can help clients with dementia to manage their hygiene.

Respite Care

We can offer care to your loved one while you take a much needed break or have commitments that need attending. This gives you the confidence of knowing that your loved one is being well cared for.

Our in-home support service provides a safe and comfortable setting. The support worker can assist with meals or prompt medication whilst providing companionship.

Meal Preparation

For people with dementia, maintaining good nutrition presents extra challenges. Loss of memory and impaired judgment can mean that they can forget to eat and may become poorly nourished. Our experienced staff employ a range of techniques that promote healthy eating of home cooked food.

Social Outings and Companionship

According to studies, the progression of some forms of dementia can be slowed through mental and social stimulation.

Transport to Appointments

We provide a reliable, cost effective alternative to public transport and taxis. Clients are collected from their home by a qualified care worker, assisted to their appointment and returned home safely. Our care workers will pass on any relevant feedback. We can also provide respite care while the regular family carer attends appointments.

Shopping Assistance

Our service includes collection from home by a qualified care worker and shopping at the local shops. We will return them home safely afterwards and provide assistance with putting the shopping away.

Domestic Assistance

We can assist with cleaning, laundry and a range of other domestic services that will make things so much easier for you and your loved one.

Useful contacts for other services

Carers' Support & Respite Centre Ph: 1800 059 059
Seniors' Information Service Ph: (08) 8168 8776 or
1800 636368

About our Care Workers We employ a carefully selected team of qualified care workers. All of our staff are thoroughly screened and police checked prior to employment. They are appropriately dressed and always carry photo identification.

We take great care to match our care workers to the cultural needs and interests of our clients, as closely as possible. We also try to minimise the number of care workers for each client. This helps clients to feel relaxed and at ease in the presence of our staff – and it's much easier to build a relationship.

Services Because Caring Choice is a private agency, we're able to provide care that is extremely flexible, and is not subject to some of the restrictions often imposed on services that are government funded.

That's why we can offer:

- Care from just one hour
- A tailored plan involving regular visits
- Planned respite visits to give carers regular breaks
- Sleep-over support
- 24 Hour Live-In Care

Booking a service with Caring Choice is very straightforward. We'll happily answer all your questions and offer advice, based on our extensive experience and expertise in dementia care.

Please don't hesitate to contact us for an obligation-free discussion.

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