

# Need help caring for a loved one?



## Caring Choice **Lifestyle**

Caring Choice offers a wide range of lifestyle services, all of which have been created with both the care recipient and the carer in mind. They reflect the fact that age and ability should not be barriers to enjoying life!

*“A big thank you to you and Brenda for the wonderful trip away, experienced by my mother and her partner. They both appreciated Brenda’s quiet and caring nature and her efforts to provide them with privacy and safety. Thank you for your professionalism and willingness to fit in with the families’ requirements.” Erica M.*



## Companionship

We can provide a qualified care worker for social support. We carefully select workers to match the interests and cultural needs of our clients. Companionship visits can take place at the client's home, or can involve an outing – the cinema, theatre, art gallery, sporting event or beach. We'll happily fit in with any requests.

## Coffee Clubs

At Caring Choice we offer a Coffee Club service – regular visits to a Coffee Club – an opportunity to relax, unwind and meet other people. All participants will be collected from home and automatically registered as Coffee Club VIP members (value \$25) without any cost. This entitles 2 for 1 coffee, as well as discounts on Coffee Club food.



## Shopping Tours

Our service includes collection from home by a qualified care worker and a shopping tour. We include returning home afterwards and assistance with putting the shopping away.

## Accompanied travel

Need to visit a relative in the country or interstate? We can provide assistance to accompany you and a loved one, making the trip as easy and worry-free as possible.

## Interstate and International travel

If you're planning a longer trip interstate or even overseas, and need assistance – we can provide an experienced care worker who will travel with you to share the responsibilities and make things so much easier for you.



We have negotiated special fares with tour operators, such as Flight Centre, that include the cost of an accompanying care worker. These special fares can also be extended to cover other family members who may wish to travel with you.

## Arranged tours

We arrange tours to interstate and international destinations – from Theatre trips to Sydney through to month-long cruises through Europe.

We can send you a brochure featuring all of our upcoming tours.

## About our Care Workers

We employ a carefully selected team of qualified care workers. All of our staff are thoroughly screened and police checked prior to employment. They are appropriately dressed and always carry photo identification.

We take great care to match our care workers to the cultural needs and interests of our clients, as closely as possible. We also try to minimise the number of care workers for each client. This helps clients to feel relaxed and at ease in the presence of our staff – and it's much easier to build a relationship.

## Services

Because Caring Choice is a private agency, we're able to provide care that is extremely flexible, and is not subject to some of the restrictions often imposed on services that are government funded.

That's why we can offer:

- Care from just one hour
- A tailored plan involving regular visits
- Planned respite visits to give carers regular breaks
- Sleep-over support
- 24 Hour Live-In Care

Booking a service with Caring Choice is very straightforward. We'll happily answer all your questions and offer advice, based on our extensive experience and expertise.

Please don't hesitate to contact us for an obligation-free discussion.

**Caring Choice Pty Ltd**

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